

## VISION DEVELOPMENT OF YOUTH RUGBY PLAYERS THROUGH ART EDUCATION.

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### **Introduction**

As the game of rugby consists of many complicated aspects, rugby players are needed to develop their wide and multitude vision. Players are supposed to develop such vision through their 'performative image'. Although usual vision training makes players describe their intentionality by words, we attempt to achieve it through art education. This presentation aims to exemplify that artistic activity can be one of the effective ways of developing vision of rugby players.

### **Method**

We had croquis of human body drawn by several rugby players, most of whom belong to U20 Japan team. We observed deliberately their attitude during drawing croquis and the change of their work. In addition to it we compare their vision with other people, such as non-players, artists, and coaches.

### **Results & Discussion**

The croquis of players have changed in brief time by the slightest suggestion of artists. At first they drew the vague figure which represents their obscure vision. But drawing croquis repeatedly enable them to draw the clear and lively lines. This change demonstrates that the rugby players become to pick up the accurate information from the figure of human body including its movement. The specific artistic view trains the 'performative image' of players which make their decision making in playing easily.

### **Conclusion**

Artistic activity is supposed to contribute to develop vision of rugby players. Art education will be one of the effective methods for training sensibilities which rugby players are required to develop.

### **References**

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