

POTENTIALITY OF THE FLAG-FOOTBALL AS AN INTRODUCTORY EDUCATION FOR THE FIRST YEAR STUDENTS IN COLLEGE AND UNIVERSITY

Morita, H. 2), Matsumoto T. 1), Mimura, T. 2), Hikihara, Y. 2), Higashiyama, K. 2) & Taniai, T. 2)

- 1) Health, Physical Education and Sport Sciences, University of Tsukuba, Japan
- 2) Educational Center, Chiba Institute of Technology, Japan

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Introduction

The purpose of this research is to search out a potentiality of liberal arts education through the course which consisted of a flag-football practice and omnibus style lectures which have been traditionally taught as separate subjects like natural sciences, the humanities, social sciences and English. This course will offer a chance for the first year students in college and university to introduce university lectures. In this course, students learn various topics associated with football from the lecturers of different specialties. In the practice, students will play flag-football. In the flag-football game, they need to do what they think they are required during the game. In terms of tactics and strategy education, each player joins planning tactics of their team before the game and plays a given role during the game. Accordingly, Flag-football was evaluated as a good teaching material for elementary school students in Japan. In this paper, we try to apply this practice to the liberal arts education for the first year students in college and university.

Methods

This course was consisted of 5 terms lectures including one term guidance and 11 hours practices. (See Table.1) Lectures and practices were

Table 1. The Time table of this class.

	1st	2nd	3th	4th
9 : 00-10 : 00	Guidance	Practice	Practice	Practice
10 : 00-11 : 00	Practice	Practice	Practice	Practice
11 : 00-12 : 00	Practice	Practice	Practice	Practice
13 : 00-14 : 30	Lecture	Lecture	Lecture	Lecture
14 : 40-16 : 10	Lecture			questionnaire

scheduled in the summer vacation. Considering with seasonable physical/health care, all practices and lectures are prepared in the morning and afternoon, respectively. In the practice, the teams were randomly formed of some students from different departments. By this team selection, all students were placed in the same situation that they do not know each other, which means that they had to make a new communication network and friendship.

Results & Discussion

In this research, we examine the learning outcomes of this course based on the results of questionnaire. From the questionnaire, some students notice new interest things through the lectures. Some students are gotten some friends belonging in other departments. For these students, we could make a chance to have new perspective. There are some specific cases that highly unsociable students could communicate with other students through this course.

Conclusion

We found that the abovementioned course have effective characters to introduce an academic learning styles for the first year students in college and university.